



MY BOOK about

STAYING SAFE AROUND LEAD

City of Memphis & Shelby County Health Department

Health Department

CHILDHOOD LEAD POISONING
PREVENTION PROGRAM

For Screening Information for your Children
(901) 222-9492

Department of Housing

LEAD SAFE
COMMUNITIES PROGRAM

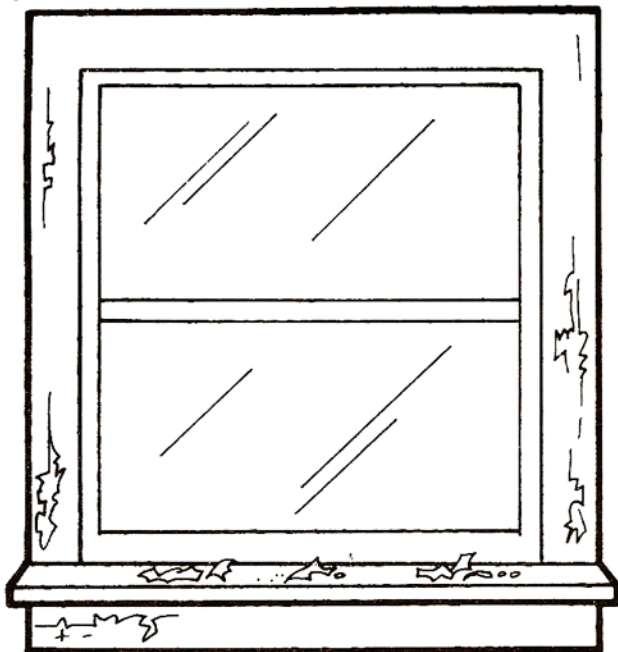
For Housing Rehabilitation Programs
(901) 576-7335

LEAD IS IN LOTS OF THINGS.

Here are some of them:



paint chips



dirt



dust



Lead can make you
very sick if it gets
inside you.

Parents, please read:

Talk to your child's health-care provider! This booklet is not a substitute for the advice of a qualified health-care provider.

WASH YOUR HANDS BEFORE EATING

to keep the lead out
of your body!



KEEP THESE THINGS OUT OF YOUR MOUTH:

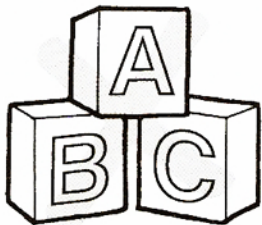
paint chips



dirt



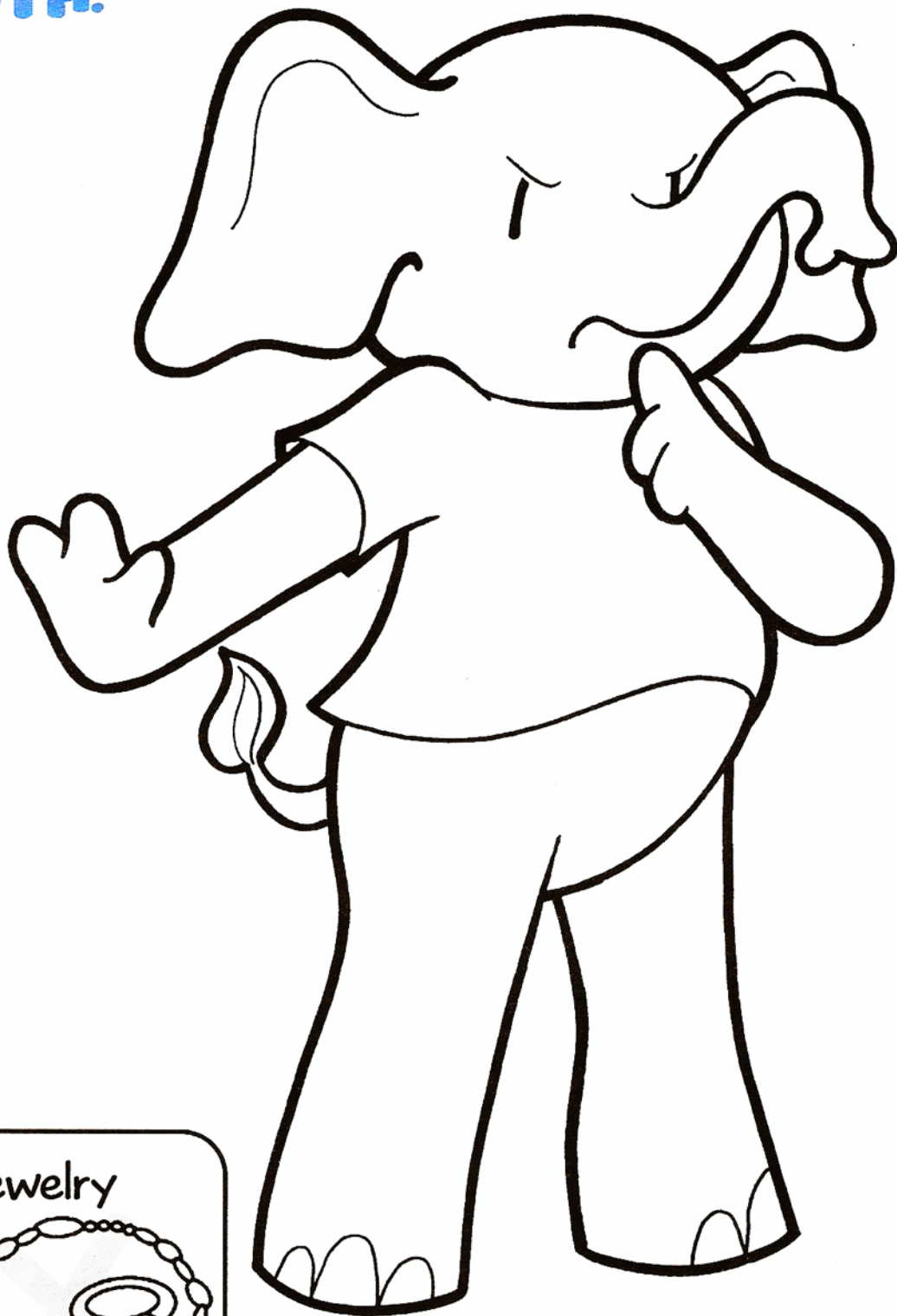
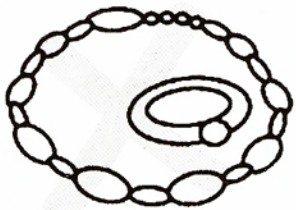
toys



hands

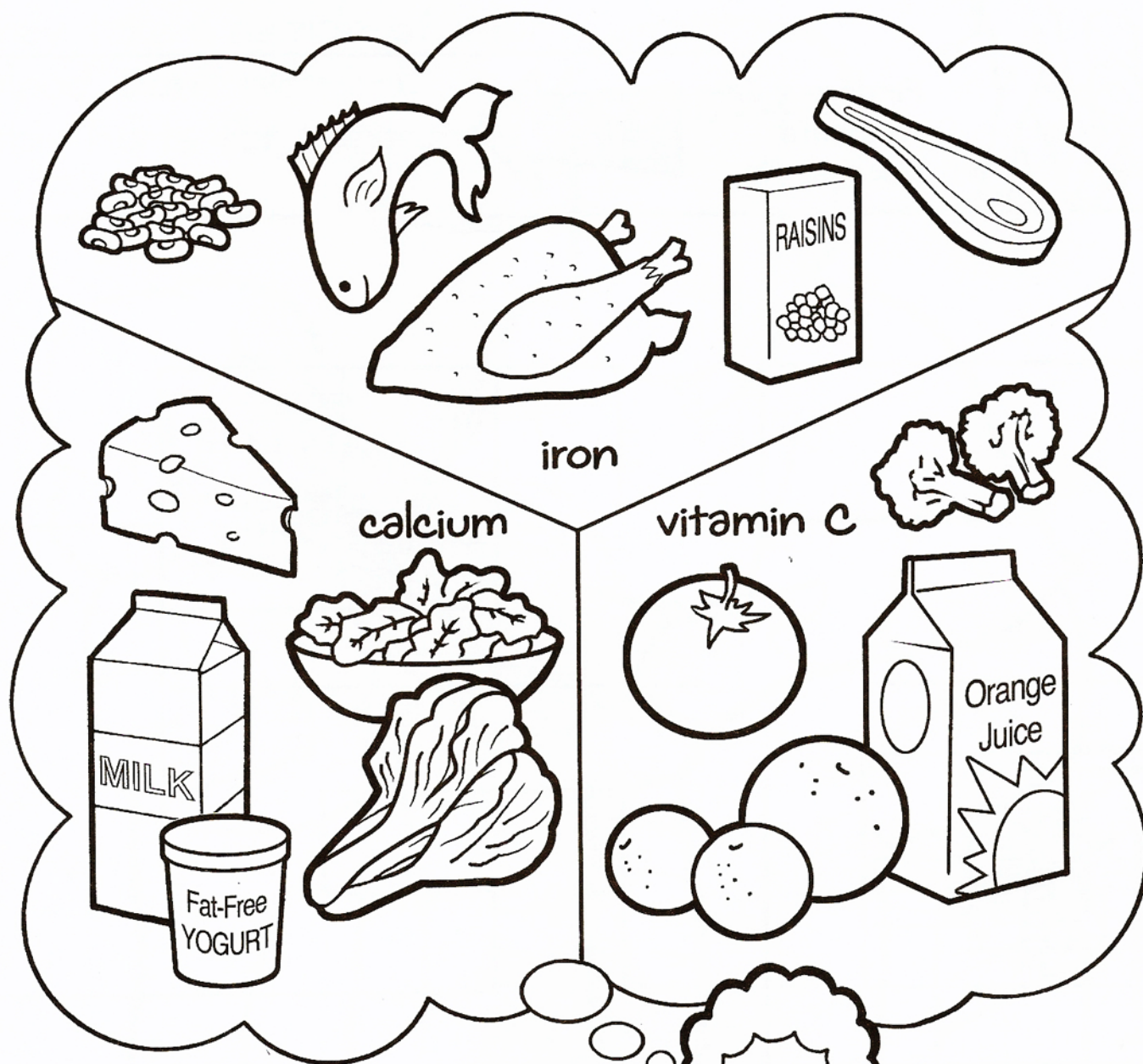


jewelry



PUT GOOD FOODS AND DRINKS INTO YOUR BODY INSTEAD.

Those that have a lot of these healthy things can help you fight off lead!



Circle 1 or 2 favorites
in each group.

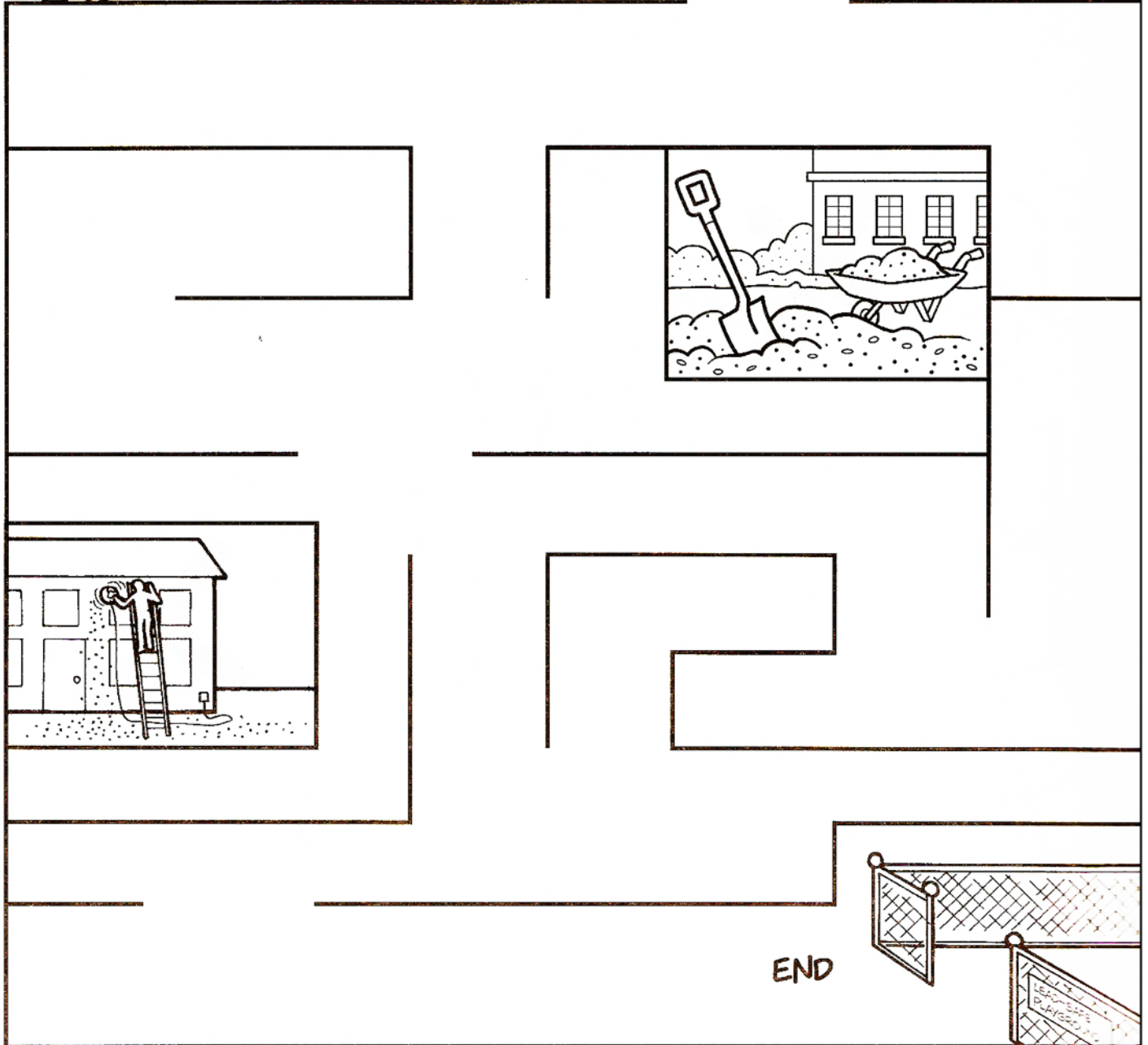


PLAY IN A SAFE PLACE.

Don't play in places where there might be a lot of lead. Stay away from any building that's being fixed. Do not play in the dirt.



Find your way
to a safe
place to play.



A TEST FOR LEAD CAN HELP KEEP YOU HEALTHY.

Your health-care provider
may take a sample of your
blood. Don't worry—it
only hurts for a minute.

Draw faces on
the child and
the adult.

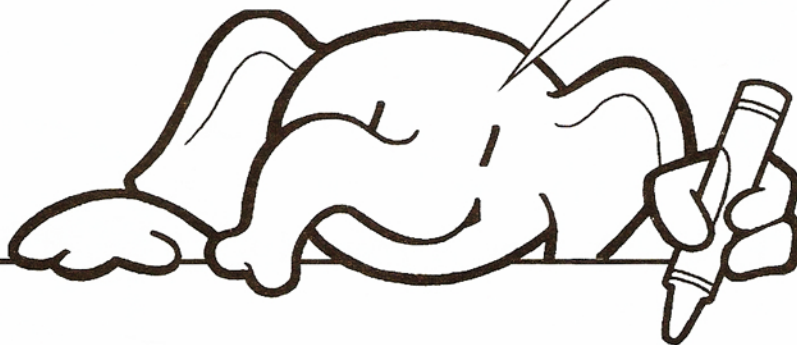


Soo —

KEEP LEAD OUT OF YOUR BODY.

Put only good foods
into your body.

Draw a snack
that's good for you.



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